

BRAIN TEACHING

TruthMinistriesCA.com

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INTRODUCTION:

Gather information

Copy my Brain Information Document from: www.TruthMinistriesCA.com

Collect articles from magazines, newspaper, TV, on the Web (Save, label, and keep your original)

Summarize information and add to the Brain Information Document

List alphabetically on your Brain Information Document

Identify Need

Understand and pass Pre-Calculus

Remember faces and names (Trans-local Minister)

Bipolar

OCD

Fear

Sleep

Can't say the name of what you see in your brain

Check Your Notes For Specific Information

Go online

What do you do if you have no information? No clue?

He knows! Pray for the area of the brain that affects, controls that need

No formula, no three easy steps

Mercy Season

1. THREE BRAINS: HEAD, HEART GUT

Head Brain

- Baby--1lb. Adult—3lb 6 years--full size
- 85% water Need's the skull to keep its shape.
- 2% of body's weight, but uses 20% of bodies oxygen
- Every person's brain is as unique as their face.
- Plasticity: the brain has the ability to reshape and reorganize itself through adulthood. Ten years ago neuroscientists saw the brain as a kind of computer developing fixed functions at an early age. Today we know that the brain is continually revising itself throughout life. It is never to late to teach an old brain new tricks.

James Shreeve, National Geographic 3-05

Heart Brain

- The Heart Brain is an intricate network of several types of neurons, neurotransmitters, proteins and support cells similar to those found in the brain proper.
- The heart's nervous system contains around 40,000 neurons called sensory neuritis.
- 60-65% of neuro-transmitters are located in the heart, not the head brain
- The heart has own intrinsic nervous system that operates and processes information independently of the brain or nervous system. *Murphy, et al,2000*
- The heart communicates information to the brain and throughout the body via electromagnetic field interactions. The information from the heart enter the brain and influence perception, decision making and other cognitive processes. *Armor 2004*
- The heart signals directly affect the activity in the Amygdala. (Trauma)

Pray for Heart Brain:

- Broken heart, shattered, Bring together all the pieces
- Psalm 86-11 "Unite my heart to know you" Unite all the pieces, including those that may be hiding in the unholy heights and depths.
- Chemicals – balance

GUT Brain The Enteric Nervous System

- A network of nerves that surround the esophagus, stomach and intestine
- 100 million nerves transmit and process, messages.
- Many structures and chemicals parallel those of brain.
- Discernment Have a gut feeling
- Sensory and motor neurons
- Information processing circuits
- Glial cells
- Uses the major neurotransmitters:
 - ✓ Dopamine
 - ✓ Serotonin
 - ✓ Acetylcholine
 - ✓ Nitric oxide
 - ✓ Norepinephrine
- Also benzodiazepines; chemicals of family of psychoactive drugs including valium & xmax

Pray for Gut Brain:

- Discernment
- Gut Feeling
- Increase awareness of the communication from the gut brain to the spirit and mind
- Balance of chemicals

2. CORPUS CALLOSUM AND SEPTUM PELLUCIDUM The “Connectors “

Corpus Callosum

- Connects the two hemispheres of the cerebrum.
- The only bridge between the two hemispheres.
- Makes up 70% of the nervous system.
- Nerve fibers cross the Corpus Callosum at the bottom of the groove.
- Proper connections are broken in children by trauma; rejection, sexual perversion.
- The Septum Pellucidum is located under the Corpus Callosum.

Septum Pellucidum

- Located under the Corpus Callosum, the large collection of nerve fibers that connects the two hemispheres
- Involved in pleasure, mood, rage, sexual gratification as well as problems of vision, coordination, and intelligence
- Lesions of the septum lead to rage
 - Repair or create new pathways
 - How? Example stroke victim
 - Balanced communication left and right, emotions, facts

3. HEMISPHERES

- There are two hemispheres
- We process information using our dominant side. The learning and thinking process is enhanced when both sides of the brain participate; the left and right.
- When the emotions and words connect they produce balanced thinking.
- The left and right sides begin to connect from ages 2-13.
- The hemispheres are broken by rejection or trauma.

LEFT SIDE: LOGICAL

Pray:

- Controls the right side of the body
- Logical, Sequential, Rational, Analytical, Objective
- Processes from part to whole; draws conclusions
- Takes pieces, lines up, arranges in logical order
- Reasoning, Language, Writing, Speech and Math
- Provides resilience and capacity to grow mature
- Learn by focusing on logical thinking, analysis, and accuracy
- Careful, deliberate steps
- Enjoy making master schedules and daily planning.
- Injury to the left side of the brain can cause depression. May only show up months or years later.

RIGHT SIDE: ARTISTIC, INTUITIVE

Pray:

- Controls the left side of the body
- Musical and artistic
- Understanding & interpreting the world
- Able to give an immediate answer or solution
- Ability to see things as a whole, rather than in parts
- Looks at a situation or problem in general and able to give an immediate solution
- Learn by focusing on aesthetics, feeling, and creativity
- Pictures and images stored here
- May flit from one task to another
- May get just as much done, but perhaps without having addressed priorities
- Random, intuitive

4. MEMORY

- Not just a picture. Five: Senses: pictures saw, heard, felt, touch, tasted are all part of a memory
- Like a huge computer or a library. The average person has over 30,000 thoughts a day
- Thoughts are real things, they have a structure in your brain & occupy space
- Thoughts are the same as memories
- Thoughts create your attitudes and influence your decisions

PRAY

- Go to every part of the brain where memory is stored
- **Re-file** things misfiled
- **Label lies:** 100% 99

- **Remove lies**; file in unused portions of brain.
Leave those needed for the future reference.
- **Houseclean files** Not clutter up with thoughts that are not needed for this season. Leave all that are needed for this season.
- **Re-file** in unused portion of the brain. (Able to retrieve)
- **Expand drawers**
- **Create new files**

5. AMYDGALA

- Emotional Memory Center of the Brain
- Trauma and Spirit Memories (encounters)
- **Toxic** emotions
- While emotional memories etched in the **amygdala** may not be accessible to the conscious mind, they may still influence how we act and feel beyond our awareness.

Pray:

- Lord, go into every trauma, wash with your blood
- Bring Your presence “In Your presence is fullness of joy”
- In the womb, at birth, as a baby, toddler, grammar school, high school, college, work, every trauma all the way to today – Your presence
- Remove **imprint** from all trauma including, physical, emotional, mental, spiritual and sexual abuse.

6. CHEMICALS AND HORMONES

- The average person has over 30,000 thoughts a day.
- Research shows that fear, the way we think, all on its own, triggers more than 1,400 known physical and **chemical** responses and activates more than 30 different **hormones**
- Toxic waste generated by toxic **thoughts** cause many diseases
- There are mental, medical and spiritual reasons to forgive.

Pray: for balance: increase decrease

Adrenaline

Stress increases adrenaline levels and other fight or flight hormones leading to anxiety. The adrenaline gland makes cortisol and stress increases cortisol. Can lead to Adrenal Fatigue

Blood

Astrocytes help in the neuronal regulation of the blood flow. Thought to maintain the blood-brain barrier

Calcium, Phosphorus And Fluoride

Calcium, Phosphorus and Fluoride deposits in the PINEAL GLAND have been linked with aging

Cortisol

- The adrenaline glands make cortisol
- Repeated or prolonged trauma or stress increases cortisol leading to many ills and decreased levels of the hormones DHEA and testosterone—leading to loss of muscle tone, increased fat, and decreased libido.
- Destroys new nerve connections causing to be “unlearned” or “unremembered”, whatever led to stress.
- Cortisol can also cause us to forget many details of newly learned explicit memory.
- Before the age of three, cortisol secretion destroys whatever part of the brain is new growth, leaving a permanent lesion.
- Between the ages of two and three it leaves a scar in the hippocampus.
- Stress is good and bad.
- Good when it causes us to pay attention to what is going on around us (traffic, finances, relationships.)
- Stress is bad when it overloads our resources. Too much stress can kill you.
- The hippocampus shrinks when cortisol is used up.

Dopamine

Dopamine is the feel-good chemical. Almost every recreational drug has been shown to increase dopamine levels in the nucleus accumbus, the site of action of highly-addictive drugs.

Meletonin see Pineal Gland

Regulates sleep

Oxygen

2% of body's weight, but uses 20% of bodies oxygen

Potassium

- An axon involves movement of IONS or tiny electrically charged particles of two common metallic elements - - Sodium & Potassium.
- Normally there is more potassium inside the axon and more sodium outside.

Sugar

- Floods the brain with dopamine and changes it's neurochemistry in one month.
- Dopamine is a feel-good chemical associated with motivation.
- Sugar may hijack leptin, a hormone that is associated with the regulation of appetite and body-weight WATER 85% water Needs the skull to keep its shape.

Saratonin see Pineal Gland
Sleep and awake

Sodium

- An axon involves movement of IONS or tiny electrically charged particles of two common metallic elements - - **Sodium & Potassium.**
- Normally there is more potassium inside the axon and more sodium outside.

Stress

- Chronic Stress causes: anxiety, depressive disorders, obesity, Alzheimer's disease, heart disease, immune disorders including cancer
- Stress causes:
 - increased levels of adrenaline, leading to anxiety.
 - increased levels of cortisol, leading to many ills
 - decreased levels of the hormones DHEA and testosterone
- Laughter-Joy reduces stress. Joy Base

7. GENERATIONAL MEMORIES

- This is not Generation deliverance
- Go to the beginning of the generations, on the Mother's side and the Father's side of the families. Repent on behalf of family
- In Jesus name, I ask you Father, to **break** and release my family from:

All generational covenants, curses, memories, body memories, shame,

Structures that have been built in the **mind, body, heart or any other place**, that influence my thinking and behavior

And any hidden painful memories

- Cut between the present, past and future specifically for Spirit, Soul & Body

- Hebrews 4:12 “ I use the two edged sword, and with it I cut the Spirit free of time of past and future so the I and my family can live in the present
- This will also release people with chronic dread. Dread is borrowing the time from the future

8. HIDDEN TOXINS

- **Pray:** that the brain releases the chemicals and hormones etc. needed to cleanse every cell and every organ. Release all hidden toxins

9. UNFORGIVENESS Right side, just behind the ear

10. BODY

Pray:

- Remove the imprint, from any memory on the body Wash, cleanse all body memories from every cell
- From every ungodly touch

11. AUDITORY & OPTICAL

Pray:

- Everything heard or saw from parents, siblings, friends, teachers, pastors, doctors, nurses, TV, radio, newspapers, books, magazines
- Remove any labels and names you were called
- The affect from stories told by well meaning people who have, or had, a similar condition or situation Brought fear, told you lies or distorted the truth
- Anything that has brought confusion through the ear gate or the eye gate

Pray: Lord we ask for Your truth

- Go through the memory banks where the things that were heard and things that were seen landed and bring healing and truth
- Any long term effects cleanse
- Shift any wrong foundations that were based on false information to Your foundation of truth

12. CANCER

PRAY:

- Cancer may start when the DNA code within cell's nucleus becomes corrupted
- Separate the “brain” of the cancerous cell, the nucleus, from the body, the cytoplasm
- Close down the nucleus to stop it from reproducing corrupted DNA codes.
 - Separate
 - Close down
 - Stop the reproduction of corrupted DNA codes
 -

13. REJECTION AND PAIN

SOCIAL SNUB REJECTION – HOW OUR BRAIN RESPONDS

A social snub really does hurt as much as a slap in the face. The same brain cells that register physical pain also respond when the injury comes in the form of rejection, UCLA researchers have found.

The neuroscientist monitored brain activity in 13 UCLA undergrads who played a computer ball-tossing game with two unseen partners. In reality, the other “players” were computer generated – and programmed to get nasty. After awhile, they stopped tossing the ball to the students – social rejection. At that, the anterior cingulate cortex (ACC), a region of the brain that registers physical pain, lit up on the study volunteers’ brain scans.

Researchers believe that our brains view a social slight and a broken arm as equally serious threats to our survival. The antidote? A kiss or a hug could comfort a bruised ACC. “The ACC has a ton of opioids receptors. Opioids, which are released upon touch, are the body’s most potent painkillers,” says lead study author Naomi I. Eisenberger, a UCLA doctoral student.

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14. DEFRAG AND REBOOT

15. DNA

- Restore original song
- Heal

16. FOUNDATIONS

- Things that happened to us a child formed the foundations of our belief system and thinking process. What we believe and perceive as truth; our reference points
- Shift all foundations of belief to the foundations of God’s truth

17. RECEPTERS

- Open to fully receive truth, love, and messages from the Godhead

Truth Ministries

Praying for the Brain

Personal Information - Will you please take a few minutes and fill out this form? We are compiling information to be used in a book we are writing about healing the brain. If you would like to be notified when this book is released, please check this box. <input type="checkbox"/> To protect your privacy we will not use your name in this book.	
Full Name	
Home Address	
Home Phone	
Mobile or Cellular Phone	
Home e-Mail Address	
Prayer Information (please use reverse side of form if needed)	
Was there a specific request for prayer?	Please circle one: Yes or No
If yes, what was the reason? (Examples: sleep problems, Bipolar, memory loss, etc)	
What changed when we prayed?	
Was there an immediate change?	Please circle one: Yes or No or explain:
Was the change gradual?	Please circle one: Yes or No or explain:
Was anything else healed that was not specifically addressed during prayer?	Please circle one: Yes or No or explain:
Were you in the room when someone else was prayed for and you received healing?	Please circle one: Yes or No or explain:
Anything else you would like to share	

Please mail this form to Nancy Foreit, 1997 Airstrip Road, Redding, CA 96003 or email Nancy4A@juno.com or call 530.223.1826. Thank you!